

May 2023 Calendar

Important Dates

May 1-7 – [Mental Health Week](#)

May 17 – International Day Against Homophobia, Transphobia, and Biphobia

May 22 – Victoria Day (office closed)

Be a Volunteer Tutor

We are looking for tutors to work one-on-one with adult learners to improve reading, math, or employment skills.

Have experience or an interest in helping others? Get in touch with us to learn more!

Contact Us

Phone: 902-543-2479, ext. 29

Email: ALO@empsolutions.ca

Web: empsolutions.ca/adult-learning-opportunities

Visit: 215 Dominion Street
Bridgewater, NS B4V 2K7

Our Programs Are

FREE

Flexible – come when you can

Continuous – start anytime!

What's Happening this Month

Adult Learning Program

Our Adult Learning Program allows learners to develop skills in reading, writing, and math for work and home. Lessons are based on hands-on work and real-life examples, and classroom topics might include:

- Essential Math: Numbers and operations, using a calculator, money management, and measurement.
- Communications: Reading, writing, and spelling.

Current class times:

ALP 1 & 2: Monday to Friday, 9:00-12:00

ALP 2 & PreGED/GED: Monday to Thursday, 12:30-3:00

GED Preparation

Learn the information required to write your GED. Classroom instruction focuses mainly on math and essay writing to help you prepare for your GED and build your confidence to succeed.

Classes are currently held Monday to Thursday, 12:30-3:00.

Books are included at no cost. Call 902-543-2479, ext. 29 to register.

Group Classes

**Space is limited – call to register! 902-543-2479, ext. 29 or text 902-521-3102

Basic Computer Skills (6 weeks):

- Wednesdays, 10:00-12:00 (starts May 10)
Learn the basics of using a computer in a hands-on and safe environment.